

# THE VOICE OF HOLLYBROOK

*July/August 2021*

*No. 141*



*Hollybrook's Hurricane Preparedness Guide \* Pages 20-21*



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**INSIDE**

**THE VOICE OF HOLLYBROOK**

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On the cover: A beautiful female tri-colored heron fished for breakfast and succeeded with a finned morsel caught with her beak on a recent summer day. Photo by Mark Favus.



## Summer news

### *First, the updates*

The new patio to be enjoyed by all residents behind the restaurant has been modified a bit. We will be removing the existing patio instead of adding to it. This will create one continual patio on one level. It will be a much better

look, without steps or ramps. The additional cost of \$5,500 is well worth it. We will also be saving the existing pavers and using them for repairs as needed around Hollybrook.

The contract for repairing the roof at the Playhouse and restroom on the golf course has been signed, but our roofer has been unable to begin repairs because of rainy weather.

The financial report (audit) from our new accounting firm is completed and will be made public to all unit owners very soon.

Motion sensors have been installed in all laundry rooms and trash rooms. If you find one not finished or not working properly, please call Ed Alexander in maintenance.

The car wash area will have a soft opening during the last week in July. We are still waiting for the second vacuum unit to arrive so it can be installed.

The new carpet for our Tennis Courts 3 and 4 should be in production as you read this and will be installed when our contractor receives them.

The golf course food and beverage cart is doing great business, and Justin's sales in the ProShop have been terrific. Many people did not want me to increase his spending limit, but I felt it was necessary and I have been proven correct. Great work Justin and your staff.

### *Second, new business*

Our numerous roof leaks, especially in Buildings 41, 43 and 49 have been addressed and we will continue to stay on top of our roofing contractor to make all repairs in a timely fashion.

The insurance committee, headed by Vice President Gilles Chevrier, is back to work on our next phase of insurance renewal.

The committee that was formed to find a replacement for former GM Paul Ray has been very active. The committee consists of three individuals who, I believe as do most others, will provide Hollybrook with the best chance of finding a highly qualified person. Thank you to Alan Horn, Querino "Q" Pacella and Bill Kirchner. They have been interviewing many candidates and will be narrowing the list down during the coming few weeks.

Many of you are rightly concerned about our 40-year certification of our buildings. In fact, we have recently been notified by Pembroke Pines' Building Department, through our lawyer, that so far three buildings have to be certified. I am sure when all letters are received, all of our buildings will need to be done.

We have put out bids to several firms and have selected one. We will be reviewing the contract making sure everything needed is covered in their inspection; then it will be presented to the Board for approval. This should happen very shortly.

For those of you unable to attend or watch July's Board Meeting, we held a workshop concerning our upcoming cable and WIFI issues. The president of Blue Stream as well as our representative from CSI explained the benefit of switching to Blue Stream. Here is a quick recap:

- 1) They will be using a fiber network; no longer cable.
- 2) WIFI speeds of 1GB.
- 3) Option to use their service for a flat fee of \$39.99 for the remaining three years we are tied to a Comcast bulk contract;
- 4) Then their service will switch over to a bulk contract at a cost of \$37.99 which will be paid from Hollybrook as it is already factored into our maintenance payments. Currently, we are paying Comcast from maintenance payments.
- 5) Personal assistance will be given to each and every person to help connect their equipment.
- 6) Available at a \$5 per month charge to the unit owner, will be a system to receive about 120 channels if you prefer not streaming.
- 7) They will cover our cost for a legal review of the contract.
- 8) A \$400 per unit payment, usually called a door fee, will be made upon signing this contract. This will total \$760,800.

### *In closing*

I would like to take this opportunity to thank each and every employee for going above and beyond; with a special "thank you" to Alex Ivanaskas who has assumed the role of temporary general manager and is doing a splendid job.

As you may not know, I have had to travel to New York on personal business that could not be avoided and it is taking longer than I anticipated. Even though I am not physically at Hollybrook, I am in constant contact with all department heads as well as my committee chairs. I am keeping abreast of everything and continuing to fulfill my obligation to you as your President.

Many of you have contacted me personally and I appreciate the opportunity to help resolve your issue or concern.

As I have always said my door - or in this case my phone - is always open. I will continue to update you on different subjects, so keep checking your e-blasts.

•••••  
• **DON'T WAIT FOR TOO LATE** •  
• **VACCINATE!** •  
•••••

## VOH Information

# THE VOICE OF HOLLYBROOK

900 Hollybrook Drive,  
Pembroke Pines, FL, 33025

**Office Phone: 954-431-0600**

**Ext. 262**

**Fax: 954-437-2969**

**Communications@hollybrook.com**



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MICHAEL EATON - Recycling

BILL WHITE - Photographer

### CONTRIBUTORS

WILLIAM BRITTAIN

BRIAN MARKOWSKI

## LETTERS TO THE EDITOR

Have a question? Need to vent?  
Want to comment?

Or share good news?

**Write a Letter to the Editor!**

Inappropriate language may be  
edited from the letter.

Letters are subject to panel approval.

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Eighth page	1¾x5	\$30
Eighth page	3½x2½	\$30

### Color

Call for rates

*All classified ads must be received with full payment by the 10th of the month for the following month's VOH. Classified ads are \$35 for 5-line maximum. Each additional line is \$5.*

## VoH Submission Procedures

To all contributors of articles, photographs and other material for print in the Voice of Hollybrook (VOH):

We must have all articles in our office by the 10th of the month for the following month's VOH. All items and articles are subject to editing, condensing or omission, depending on the space available, at the discretion of the editor.

Please print or type, check the spelling of names and list the telephone number of the writer of the article in case of questions. The following are two excerpts from the Guidelines of the Voice of Hollybrook:

1. The Voice is an in-house paper, specifically for the purpose of publishing factual information, Hollybrook news and items of primary interest to all residents of Hollybrook. The magazine is not for investigative reporting.

2. That all articles by the VOH staff, prior to publication, must be thoroughly screened for accuracy of facts. Subjects should be local and news items should report facts. No advocacy position is to be expressed in any articles. Neither the Officers, the Editor, nor the Business Manager assume personal responsibility for the ads or articles printed herein.

*PLEASE NOTE: The Voice of Hollybrook is not responsible for the performance or products of its advertisers.*

## Board Members

### HOLLYBROOK OFFICERS

**President** - ALAN EISMAN

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**Treasurer** - MARY LOPRETO

**Financial Secretary** - JONI ESSER-STUART

**Recording Secretary** - ELAINE YOST

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**Phase 1** - WOODY FISHER, RAYMOND

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**Phase 3** - MICHAEL EATON, ENRIQUE

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**Phase 4** - LOUISE BERGERON, DONALD

HIPP, MYRA MARKOWSKI

**Phase 5** - ANDY INGRAM, STUART KLAR,  
VIRGINIA WEBBER

**Phase 6** - ROIANN BRUNO, GREG

JAMIESON, MATTHEW SARNELL

**Towers** - ANN PETERSEN



## 'Welcome' New Neighbors

These sales were recorded for  
June, 2021

BLDG/APT	SELLER - BUYER	BDRM	PRICE
01-309	Nieto to Webb	2	\$147,000.00
01-205	Brito to Martinez	2	\$112,900.00
02-204	Mason to Lieberman	2	\$120,000.00
04-306	Williams to Pardo	1	\$83,000.00
07-207	Gilbert to Lonobile	2	\$91,000.00
08-210	Greenberg to Porter	2	\$130,000.00
25-302	Fox to Oldiges	2	\$127,000.00
26-308	Johnson to Moore	2	\$121,000.00
27-310	Auad to Usquiano	2	\$157,500.00
44-301	Levine to Pauley	2	\$129,000.00
58-107	Lieberman to Arce	2	\$170,000.00
60-204	Hlay to Rackner	2	\$86,000.00
64-305	Aller to Barnard	2	\$115,000.00
66-202	Garrett to Fernandez	1	\$67,000.00
68-402	Ramdhar to Marley	1	\$56,000.00

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## Vice President's Message From the desk of Gilles Chevrier



### Business moves forward

As I reported in my June message, we finalized the contract with Golf Now for summer golf with a 20% reduction

of our cost for the marketing section of the contract. We will make sure that we optimize the tools that accompany it, which we had not done in the past. We also signed a contract with CanAm for summer golf that guarantees us an additional \$30,000 of summer revenue which did not happen during the previous two years. Those actions, along with the continual increase of walk-in golfers, brought in more than \$157,000 over budget for golf revenue at the end of June. This is a positive step toward future income from summer golf reve-

nue, something we had been trying to get for the past several years.

We are waiting for the quotes from Total and CAC for our appliance, plumbing and electrical maintenance contract. We have requested that new conditions, which will be beneficial to our owners, be included in the contract.

The recent collapse of the condo complex in Surfside illustrates how especially important it is to have the necessary and right property insurance coverage for our community. As an update on the subject, your Insurance Advisory Committee is at work to obtain quotes from the two of the three brokers that were selected back in December. One of the three brokers pulled out from the bidding process because they believe that there are not enough carriers writing business in South Florida right now to give them a chance at obtaining

a quote. The two brokers left will now be working with the carriers they selected for our other insurance policies that will be up for renewal October 1. The process will assure us of getting the best coverage for the best price.



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## Compliance Corner

### Unit owners must provide copy of door key to Security

*Important reminder, especially in critical times such as hurricane season, 40-year inspection*

*By Compliance Officer Beatriz Goycochea*

During recent months, it came to attention of the Compliance Office that the Chief of Security does not have updated/working keys or any keys for many units. It is each unit owner's responsibility to provide the Security Office with a set of keys in order to access the unit in the event of any emergency.

Per Rule 1 CONDOMINIUM UNITS; Section 6 Unit Keys reads as such: 'Unit owners shall provide the Association with a current set of keys or combination numbers for the Unit, for which a receipt shall be issued by the Association. The Association shall keep Unit Keys or combination numbers in a secured depository.'

In situations where an authorized representative of the Association needs to access a Unit (in accordance with Florida Statutes 718.111 (5), RIGHT OF ACCESS TO UNITS), and there is no current key or combination number deposited with the Association, the Association shall secure the services of a locksmith, at the Unit Owner's expense, to access the Unit; in the case of an emergency the Association will incur no liability in gaining access by whatever means necessary.

As well as the Amended Declaration section VIII (Maintenance & Repairs of Condominium Property; Subsection 2 (Access to Unit Key) reads: 'Each Unit Owner shall deposit one set of keys with an authorized representative of the Association. Such key deposit shall be kept current at all times by the Unit Owner. Failure to comply shall constitute a violation subject to enforcement, and in addition thereto shall constitute an assumption of risk by the Unit Owner of any and all damage and/or injury resulting from the necessity of forcible entry or damage to the common elements, or to any unit affected or the contents thereof.'

Note: Please understand our necessity to gain access to Hollybrook property for emergency reasons and also to complete the required 40-year condo inspections.

If you are not sure if security has updated keys or if you need to submit keys for your unit, contact Chief of Security Mike Tirado to find out or to schedule a drop off time. Send an email to [chiefsecurity@hollybrook.com](mailto:chiefsecurity@hollybrook.com) or call 954-431-0600, ext. 233.

### **PARKING: Vehicles backed in, breaks rules**

**RE: Association's Revised Rules and Regulations Rule 3, Section (2) B, which states all parking of vehicles shall be front end in only.**

### Towers Director John Campbell passed away suddenly in Canada



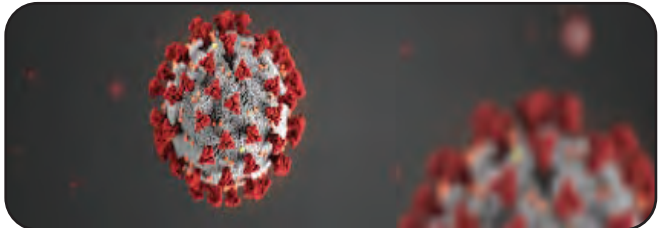
It is with great sadness that we report the passing of Hollybrook resident and Towers Director John Campbell.

John died of a common but serious illness that took a unexpected and sudden turn for the worst. He will be remembered for his professionalism as a Director,

a valuable member of the Insurance Advisory Committee, and a good neighbor to all.

After winning his first run for office to serve on the Hollybrook Board of Directors in February 2021, John dutifully fulfilled his campaign promise: "As a member of the Board of Administration, I will be able to use my knowledge and background to help make decisions that will keep Hollybrook a community that is known for its excellence."

President Alan Eisman broke the sad news to Hollybrook during the July 21 Board Meeting. Other Board members offered John's family sincere condolences.



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# Financial Secy's Report



## From the desk of Joni Esser-Stuart Financial report optimistic

Florida's rainy season in our area runs from approximately May 15<sup>th</sup> through October 15<sup>th</sup>. I have personally experienced the effects of this season for the first time this summer. More importantly, our weather has an impact on our golf income. There are days when the rain is so heavy and constant that the golf course closes for the day.

However, despite all the rain, our golf income at the end of June is \$157,215 above projected income for the first quarter of our fiscal year. During the first quarter of the year, our walk-in golfers accounted for \$195,359 of our total golf income of \$406,093. Our unit owners and their guests are also enjoying playing on our course and accounted for \$148,640 of our golf income. It is interesting to note that our contract with GolfNow contributed \$22,092 of golf revenue while our negotiated contract with Canam provided \$4,271 of revenue during June.

Since we continue to receive a lot of positive feedback on our golf course from both residents and outside golfers, we are cautiously optimistic that the revenue numbers will continue to increase over the summer despite the intermittent and sometimes unrelenting rain.

In addition, I am pleased to report that ProShop sales are also above projected income during the same time. Justin and his staff should be commended for \$5,341 over the year-to-date projected income during the first quarter of the year. Kudos to them!

As you know, our quarterly maintenance payments were also due on July 1st and I am pleased to report that most unit owners have already made their quarterly payments. At the present time, we will be sending letters to the 124 owners who have not paid their maintenance and these owners will need to pay a late fee and interest on their respective accounts.

Our continuing campaign to encourage residents to choose automatic withdrawal for these quarterly payments has been very successful. We continue to receive completed forms

from unit owners granting permission to authorize automatic deductions. This is a win-win situation for residents and for Hollybrook.

In an earlier report, I told you that seven unit owners who have failed to pay their Special Assessments for the Pipe Lining Project were sent to our attorneys, Straley & Otto, for collections. These unit owners had late fees and interest added to their respective accounts and now legal fees are pending. Their Hollybrook privileges have been revoked while their respective accounts are in collections. I am pleased to report that four owners have settled their accounts with us after Straley & Otto intervened on our behalf and they are continuing to seek payment on the others.

Most of you will recall that our restaurant was closed during the latter part of June for necessary cleaning and repairs. Thus, we did not achieve any net income during June. Our restaurant income for the month of June was \$32,506 and \$4,118 of this income was generated from Pro Shop food and beverage sales. Ultimately, we suffered a loss of 5,950 during June. In terms of quarterly data, our restaurant income was \$117,478 but we suffered a loss of \$14,295 during the first quarter of the fiscal year.

Many Board members have suggested that we entice our outside golfers to dine in our restaurant and to purchase snacks and beverages from the golf course food cart during the weekends. I will try to encourage Heather, our current Restaurant Manager, to work with Justin, our Pro Shop Manager, to create enticing specials to appeal to our golf community.

I would like to report additional sources of revenue that yielded profit for Hollybrook. Kudos to our Records Office

*Financial - Continued on page30*

## Letter to the Editor



Dear Editor,

Like everybody else, I have been shocked by the collapse of the Champlain building and the tragic loss of life. I am also much more aware now of the necessity to inspect the infrastructure of condo developments, the laws requiring periodic evaluations, the significant costs associated with the evaluations, and the repairs and renovations that may be required afterwards.

While Hollybrook's buildings are not high-rise structures, I think we are subject to the condo inspection rules and I am wondering when the evaluations must be completed and how significant the cost to Hollybrook will be for them. I am also wondering whether our Reserve Fund will cover the cost and the possible cost of work that may have to be done. Perhaps a special Board Committee should be established to study these issues and report to the Board and unit owners as soon as possible.

Ken Schlossberg (14-204)



## THE VOICE OF HOLLYBROOK

*If you'd like to join our team, call  
Director of Communications Eileen Soler  
954-431-0600 ext. 262.*

*Or email to [communications@hollybrook.com](mailto:communications@hollybrook.com)*





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- How many closed transactions have you had in Hollybrook in the last 12-18 months?
- How familiar are you with Hollybrook's ever changing requirements?
- Are you familiar with the Florida Condominium Governance Form?
- Do you live in Hollybrook?
- How far is your office from Hollybrook?
- How extensive is your marketing plan?
- Do you use professional photography, videos and virtual tours for all your listings?
- What financial consideration do you give if no other Realtor® is involved in the transaction?
- Do you prepare a Comparative Market Analysis for Sellers and Buyers?
- Do you have a team (Title Company, Attorney, CPA, Insurance Agent, Cleaning Crew, Photographer, Handyman, Trash-out resource, Plumber, Electrician, Painter, etc to help me when I need them?
- Can you help me to avoid the FIRPTA withholding tax (15% for Foreign Sellers)?
- What experience do you have in negotiating for me?
- What professional designations do you have? How do they help me?
- Are you familiar with ALL of Hollybrook's amenities? How do you promote them?
- How many listings do you have in Hollybrook? How do you leverage your listings to sell my place?
- What is your communication plan?
- Do you just show your own listings?
- Why do Buyers and Sellers like working with you?
- Why do other Real Estate Agents like working with you?
- How long have you been a Realtor®?
- Are you a full-time Realtor® or do you only do this part-time?
- WHY SHOULD I CHOOSE YOU?

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7  
**SOLD**  
LAST MONTH

### CURRENT LISTINGS

**PHASE I – LIKE BRAND NEW!  
FULLY RENOVATED/UPGRADED!**  
Open Kitchen with Island for extra counter space and large storage drawers, SS appliances. Washer/Dryer Hook-up! PGA 18th fairway/green and water views. Recreation Lease **PAID IN FULL! NOTHING LIKE IT IN HOLLYBROOK!**

**PHASE 1 – 1BR/1.5BA PLUS BONUS ROOM** (currently used as a bedroom). Upgraded new, open, eat-in-kitchen (SS appliances). Upgraded shower. Recreation Lease **PAID IN FULL! PERFECT!**

**PHASE I – 2BR/2BA FRESHLY PAINTED THROUGHOUT.** Open eat-in-kitchen with raised ceiling. Newer AC. Steps to the pool. **PRICED TO SELL FAST!**

**PHASE IV – 1ST FLOOR WIDE WATER /FOUNTAIN VIEW!** Quiet cul-de-sac. Updated Kitchen (Granite). Tile throughout. Recreation Lease **PAID IN FULL! RELAX AND ENJOY!**

**PHASE V – ANNUAL RENTAL! BEAUTIFUL, BRIGHT CORNER 2BR/2BA** with both Par 3 & PGA golf course views. Enclosed patio for extra living space. Freshly updated. Crown Molding. Walk to clubhouse! **ENJOY ALL HOLLYBROOK AMENITIES**

EVERY LISTING  
PROFESSIONAL PHOTOGRAPHY!



# Recording Secretary



From the desk of  
Elaine Yost

## REGULAR BOARD OF ADMINISTRATION MEETING Wednesday - July 21, 2021

President Alan Eisman called the meeting to order at 7:30 p.m. on July 21, 2021.

The following Board members were absent: Chevrier, Lo-Preto, and Rappaport. Also, present were Alex Ivanaskas (Comptroller), Shane Laakso (Purchasing Agent) and Eileen Soler (Communications).

This BOA meeting was arranged during the Covid-19 pandemic and most of the BOA members were participating via

the Zoom Conferencing Platform and in the lobby of the Administration Building. Twenty-one members of the Board were present.

### ANNOUNCEMENTS

Joni Esser-Stuart, Financial Secretary announced that Memorial Hospital Systems would be coming to Hollybrook to give flu shots tentatively on Wednesday, October 20<sup>th</sup>, 2021. There will be no health expo, only flu shots and blood pressure checks; time and place will be announced.

Elaine Yost, Recording Secretary suggested that the Committee Reports be added to the next board meeting's agenda.

President Eisman announced that Tower's Director, John Campbell passed away.

### APPROVAL OF MINUTES OF BOARD MEETING HELD 5/19/2021

Since there were no objections to these minutes, President Eisman waived the reading of the minutes and accepted the minutes from the meeting as submitted. Also waived were the reading of the Treasurer's and Financial Secretary's reports; they were previously distributed to the board by Carol Mazza.

### TREASURER'S REPORT

The Treasurer's Report was delivered, and the full report will be attached to these minutes.

### FINANCIAL SECRETARY'S REPORT

The Financial Secretary's Report was delivered, and the full report will be attached to these minutes.

### NEW BUSINESS

#### **MOTION A - TO ALLOCATE AN ADDITIONAL \$5,500 FOR THE CONSTRUCTION OF THE RESTAURANT PATIO**

Roiann Bruno made the motion seconded by Myra Markowski to amend the resolution passed on May 19, 2021, to allocate an additional \$5,500 to fund the outside restaurant patio.

There was discussion that the extra funds were needed to increase the continuity and safety in the final project. The patio will increase the area for better social distancing and provide an area for golfers and others to patronize.

There were 2 emails from unit owners via Forum: 1 in favor of the patio (Rioux) and 1 opposed (Bailey).

There were 20 affirmative votes and 1 opposing (Ingram). The motion passed.

#### **MOTION B - TO ADD SUB-SECTION 14 OF RULE 1 OF THE HOLLYBROOK RULES AND REGULATIONS**

Roiann Bruno made a motion to add sub-section 14 titled "Limited Common El-

*Minutes continued on page 19*

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# City and County



**From Pembroke Pines  
Mayor Frank C. Ortis**

## Opening slowly, surely

This month you've probably noticed openings that began occurring over the last few weeks. Pembroke Pines hosted a live, in person and very exciting July 4<sup>th</sup> celebration at Pines Recreation Center. All residents were invited and it was so good to have so many attend, even though we are still urging everyone to be very cautious and to respect some adaptations that continue to be in place. Our staff is busy creating and planning other events that we've had to miss during the last year and several months. You'll find new listings for upcoming events, as they are announced, on our Recreation & Cultural Arts and Community Service web pages at [www.ppines.com](http://www.ppines.com). Check out the calendars and also visit our Facebook page to stay in the know

with what will be happening in months to come.

The Carl Shechter Southwest Focal Point Community Center, The Frank Art Gallery, and the Passport Office on City Hall's 4<sup>th</sup> floor, are all now open, but please be sure to follow COVID-19 prevention restrictions and guidelines explained on the website.

It's almost time for the new school year to begin. Motorists need to gear down, slow down and proceed with caution in school zones, stop for buses and be alert for children walking in the street or biking to school. Broward County's first day of school is August 18.

Don't forget that we are still in hurricane season. I hope everyone has taken steps to prepare and has their hurricane plans in place. Preparation includes pruning trees and landscaping now before a storm is on our door step. Be sure to visit [www.ppines.com/hurricane](http://www.ppines.com/hurricane) to help you plan, prepare and be storm safe.

Contact Frank Ortis at 954-450-1020, or [fortis@ppines.com](mailto:fortis@ppines.com).



**From Pembroke Pines  
Dist. 1 Commissioner Tom Good**

## Cheers to 11 years

It's the middle of summer and the Florida heat is really upon us. Please enjoy the outdoors but always remember to keep cool, hydrate and stay safe.

An exciting announcement which we've all looked forward to for so long, was the re-opening of the Carl Shechter Southwest Focal Point Community Center. It officially re-opened, on a restricted basis, on July 6.

Community participation at the center, including classes and events, is limited because of the COVID-19 pandemic, but hopefully the limits will be temporary. Information regarding new restrictions and programming have been sent to all center members and will be posted on the city's website at [www.ppines.com](http://www.ppines.com) and all social media. If you have any questions, please call 954-450-6888 and they will be happy to guide you through what safeguards are required. I know that the center staff is extremely happy to once again welcome you back.

Don't miss the City of Pembroke Pines and Studio 18 in the Pembroke Pines art exhibit "Cheers to 11 Years" which runs August 6 through September 22, 2021. It's a celebratory exhibition featuring works created by past and present Studio 18 resident artists. At 7 p.m., on August 6, a birthday party will be staged at the gallery to celebrate the achievements of the artists who have called Studio 18 home. All ages are invited to attend this fun and exciting celebration complete. Musical performances will be provided by violinist Ian Mann

and opera singer and contortionist Zuzka. I know our local artist Joni Esser-Stuart would appreciate seeing you there! For more information, visit [www.ppines.com/studio18](http://www.ppines.com/studio18).

Let's also please keep in mind that we continue to be in Hurricane Season. It's very important that we are always prepared, especially at this time, for the possibility of a storm. I urge you all to visit [www.ppines.com/hurricane](http://www.ppines.com/hurricane) to watch videos, read articles, download information and begin to prepare so that we all remain safe should a hurricane come our way.

Contact Tom Good at 954-290-5189 or [tgood@ppines.com](mailto:tgood@ppines.com).

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30 to 45 minutes for delivery**

## Commissioner tackles 40-year condo inspection Q&As



### From Broward County District 6 Commissioner Beam Furr

Our South Florida community has been forever impacted by the tragic collapse of Champlain Towers

South in Surfside. Many of us know people who have lost friends or loved ones in this tragedy. When something like this happens, our whole South Florida region feels the impact. This is true of anyone who has lost someone and anyone who knows the pain of sudden loss.

Our hearts and prayers are with our neighbors in Miami-Dade County and all those affected by this shocking tragedy. Broward County has made all of our resources available to help with the rescue and recovery efforts the site of the

collapse. This is an unprecedented and devastating loss for our entire community. It should be a reminder for all of us to appreciate the life that is given to us and to cherish every moment with our loved ones. I encourage residents to consider seeking support during this difficult time. I also know our generous District Six residents are thinking about how they can help. There are many resources online to help donate money and needed supplies.

This tragedy has caused many of our residents to justifiably have questions. This is particularly true of those who live in condominium or apartment buildings. It is natural to wonder about your safety. Broward County has been responsive to concerns and is here to answer any difficult questions about this process. Below, please find a "Q&A" answering important questions about how buildings are inspected in Broward County and what is looked for.

#### Q: What law governs building inspections in Florida?

A: Per state law, each municipality within Broward County is responsible for enforcing the minimum statewide "Florida Building Code" within their municipal limits. As of March 1, 2002, the Florida Building Code, which is developed and maintained by the Florida Building Commission, supersedes all local building codes. Local amendments to certain aspects of the Florida Building Code, that only apply in Broward County, are able to be adopted.

#### Q: How often must buildings in Broward County be inspected?

A: County law requires structural and electrical safety inspections for buildings 40 years old or older and every ten years thereafter. The Broward County 40-year and older Building Safety Inspection

Program was created through the local Florida Building Code Amendments in 2005, and became effective throughout Broward County in January 2006. Only Miami-Dade and Broward Counties currently have this 40-year recertification program, giving our County a higher standard than the rest of the state.

#### Q: What Broward County department or board has responsibility for making sure our buildings are safe?

A: The Broward County Board of Rules and Appeals (BORA) is an agency established by the County's Charter and is comprised of 13 members, six of which are appointed by the Broward County Board of County Commissioners and seven of which are appointed by the Broward League of Cities. Every June, BORA sends a list of all affected 40-year recertification properties to each of Broward County's municipalities. This process has just occurred.

#### Q: Who is responsible for conducting the 40-year inspections once this list of properties is sent out?

A: Each municipality (city or town) within Broward County is responsible for their own list of affected buildings, including notifying the affected properties and administering the 40-year recertification process within their municipal boundaries.

#### Q: What happens during a 40-year inspection?

A: After the list is sent out and municipalities identify which buildings must conduct inspections, the owner of each affected building or structure is given 90 days (September to November) to submit the 40-year safety inspection forms to the municipal Building Official. These 40-year safety inspection forms are completed by an engineer or architect hired by the property owner to perform the 40-year inspection. These inspections are then examined by the municipal building departments, who then certify the struc-

Furr - Continued on page 32



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## Hollybrook's Singles rolling in friendship, fun

By William Brittain

The Hollybrook Singles group is on a roll! After months of quarantining and social distancing, members are hanging out again.

Recent activities have included hours of playing card games such as Rummikub, canasta and mahjong. Many have shared laughs during ping pong (table tennis) in the Recreation Building, shuffleboard by the swimming pools, and pickleball at the pickleball courts. Happy hours? Absolutely!

Members agree that it's been great getting out of our "condo cells" to socialize with each other.

Below is a list of all the different activities, identified by the 60 member group, that have resumed or will begin again in the near future.

Here's the list of Hollybrook Singles group activities: Movies (in theaters), movies and television at home, stage plays, concerts, dancing, singing,



Photo by Bill White

Recreation rooms are getting full use by Hollybrook residents, especially members of the Hollybrook Singles Club. Above: Julie Recht, William Brittain and Shelly Roth laugh during ping pong. Below: Bill White and single gals compete in evening shuffleboard.



dining out, travel, pot-luck meals, cooking, crafts, painting, shuffleboard, mahjong, puzzles, card games such as solitaire and gin rummy, board games, billiards, golf, swimming, walking, exercise class, meditation, faith based meetings, topical discussion groups, political discussions, computers, volunteer-

ing, happy hours, casino gambling, bowling, pickleball, ping pong.

For members, the activity list comes with names, phone numbers, and email addresses of those interested in participating. It's easy! We simply call or email other members to say, "hey, let's play"! Some of the activity groups have decided to schedule activities on specific days and times each week.

If you want to get involved with the Hollybrook Singles Group please contact the group leader Frank Schwimmer at (954) 504-0511 or [FSDC.FS@GMAIL.COM](mailto:FSDC.FS@GMAIL.COM).



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Denis Kersaint is a Licensed Sales Associate with Signature International Real Estate, LLC

# WE'RE BACK!

What a year this has been! Lesson #1 - we are so much happier when we are in the company of others. Lesson #2 - wearing sweat pants for a year is an invitation to gain 15 pounds! It's time to get together with our friends, reengage our minds, and get back into shape!

We can't wait to see you at The Carl Shechter SW Focal Point Community Center. You can hear the clicking of the dominos, the break of the billiard balls, the rhythm of the treadmills, and the whir of the stationary bikes. Register for Tai Chi, Yoga, or Zumba classes or head to the pool for water aerobics!

Settle into your seat for your meeting, your meal, or your conversation with a friend. Classes are back in session and you can feel their energy! Pottery, flower arranging, English classes, Spanish classes, computer classes, salsa, stretching, meditation, chair fitness, how to use an I-Phone...and more! And the clubs and workshops! From bridge and card making and the photography club to the magic created by Marvelous Hands and the beautiful words crafted in the writing group...they're all waiting for you. We're all waiting for you. Put on your mask and join us. We have an elbow bump with your name on it!



¡Qué año ha sido este! Lección n. ° 1: somos mucho más felices cuando estamos en compañía de otros. Lección n. ° 2: jugar pantalones deportivos durante un año es una invitación a aumentar 15 libras! ¡Es hora de reunirnos con nuestros amigos, volver a involucrar nuestras mentes y volver a estar en forma!

Estamos ansiosos por verte en el Centro Comunitario Carl Shechter SW Focal Point. Se puede escuchar el chasquido de las fichas de dominó, la rotura de las bolas de billar, el ritmo de las cintas de correr y el zumbido de las bicicletas estáticas. Regístrese para clases de Tai Chi, Yoga o Zumba o diríjase a la piscina para hacer aeróbicos acuáticos.

Acomódese en su asiento para su reunión, su comida o su conversación con un amigo. ¡Las clases están de vuelta en sesión y puedes sentir su energía! Cerámica, arreglos florales, clases de inglés, clases de español, clases de computación, salsa, estiramiento, meditación, ejercicios en silla, cómo usar un I-Phone... ¡y más! ¡Y los clubs y talleres! Desde el bridge y la creación de cartas y el club de fotografía hasta la magia creada por Marvelous Hands y las hermosas palabras creadas en el grupo de escritura ... todos te están esperando. Todos te estamos esperando. Ponte tu máscara y únete a nosotros. ¡Tenemos un golpe en el codo con tu nombre!

# ¡ESTAMOS DE VUELTA!



## CAC brings Juneteenth celebration home to Hollybrook

By Judy Thomas

On Saturday, June 19, members of the Caribbean American Club (CAC) met by Phase 6 Pool for the first time since pre-Covid times 2020 in recognition of Juneteenth. Juneteenth is a holiday celebrated on June 19 to commemorate the emancipation of enslaved Black people in the United States.

The holiday was first celebrated in Texas in the aftermath of the Civil War where on June 19, 1865 Union General Gordon Granger rode into Galveston to pronounce to slaves that they had been freed, two and a half years earlier, under the terms of President Lincoln's 1862 Emancipation Proclamation. Texas was the only Confederate state left where African-American people still



Photos by Judy Thomas  
Left: Rosanna Brown and (above) Caribbean American Club President Peggy Belcher show their pride June 19 during a Juneteenth celebration at Pool 6.

lived in the grip of institutionalized slavery.

The CAC President, Peggy Belcher, had planned the meeting in May, before Juneteenth became a Federal Holiday on June 18, 2021. The red, white and blue theme event, was attended by about 30 members. Before the meal that included Caribbean and American favorites, members shared what the past year of the pandemic was like for them. Afterward, everyone

enjoyed an informative and fun Juneteenth Trivia game. **Why is it called Juneteenth?** Juneteenth gets its name from combining "June" and "nineteenth," the day the message was delivered by Granger that slaves were freed!

*Juneteenth - Continued on page 32*

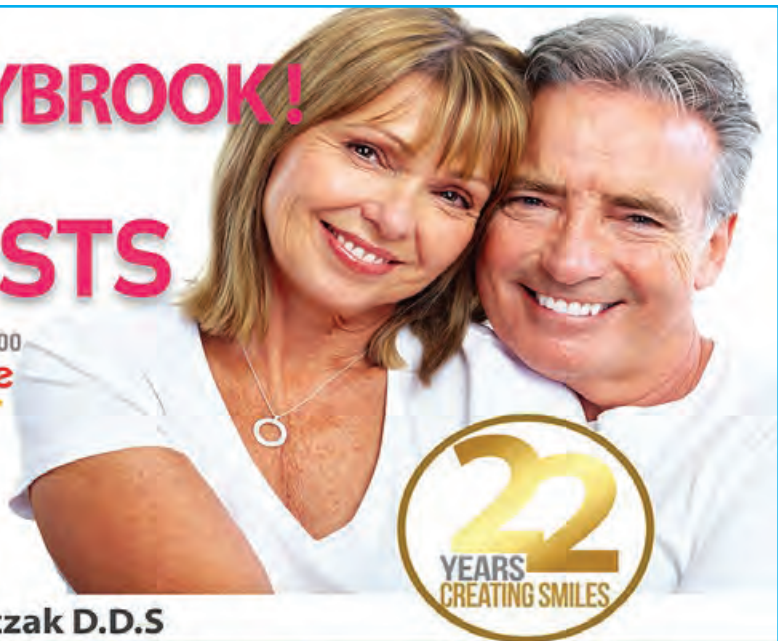
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Photo by Mitch Davis

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**NO Degreasing**

**NO Using Chemicals**



*Minutes Cont'd  
from page 11*

ements: Patios and Balconies” It was seconded by Greg Jamieson.

Don Hipp moved to postpone the motion as it needs more consideration and definition.

There were no objections to postponing Motion B until the next board meeting.

### **WORKSHOP**

Blue Stream Internet Service representatives gave a presentation explaining their product, services, and proposal.

The next Board of Administration meeting will be determined.

President Alan Eisman adjourned the Board of Administration Meeting at 9:07 p.m.

Respectfully  
Submitted by,  
Elaine Yost

Recording Secretary

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# 2021 HURRICANE SEASON

Hurricane Season is June 1 - November 30 \* "BE PREPARED"

## WHAT IS A HURRICANE?

Hurricanes are massive storm systems, also known as tropical cyclones, that form over the water and produce winds of 74 mph or higher. There are five types, or categories, of hurricanes based on a scale of categories called the Saffir-Simpson Hurricane Scale. The categories are based on wind speed:

- Category 1: Winds 74-95 mph
- Category 2: Winds 96-110 mph
- Category 3: Winds 111-129 mph
- Category 4: Winds 130-156 mph
- Category 5: Winds 157 mph or higher



Parts of a hurricane include the eye, the "hole" at the center of the storm. Winds are light in this area and skies are sometimes even clear; the Eye Wall is a ring of thunderstorms that swirl around the eye where winds are strongest and rain is heaviest; and Rain Bands which are bands of clouds and rain that extend far out from the hurricane's eye wall that can also contain tornadoes.

## WHAT IS A TORNADO?

A tornado is a violent rotating column of air extending from a thunderstorm to the ground. The most violent tornadoes are capable of tremendous destruction with wind speeds of up to 300 mph. They can destroy large buildings, uproot trees and hurl vehicles hundreds of yards. They can also drive straw into trees. Damage paths can be in excess of one mile wide to 50 miles long. In an average year, 1000 tornadoes are reported nationwide.

## HURRICANE WATCH VS WARNING?

**HURRICANE WATCH =**

**CONDITIONS POSSIBLE WITHIN THE NEXT 48 HOURS**

**HURRICANE WARNING =**

**CONDITIONS EXPECTED WITHIN THE NEXT 36 HOURS**

Pay attention to local announcements on the TV or Radio from the National Hurricane Center and local officials. Your actions to protect life and property should ensue after a Warning is issued.

## PREPARATION BEFORE THE STORM

1. Prepare at least a 2-week supply of non-perishable food
2. Eat as much of your perishables in your fridge and freezer in case of power failure
3. Turn refrigerator and freezer to cooler settings prior to storm in case of power failure
4. Make arrangements for your pets and prepare your medica-

tions (if applicable)

5. Keep on hand a first-aid kit, paper plates, cups, plastic utensils, non -electric can opener, utility knife, battery operated lantern, flashlight, radio, extra batteries, toilet paper, paper towels, garbage bags, hand sanitizer

6. Sterilize your bathtub with bleach and rinse well. Fill the tub with water for use as back up water for flushing the toilet.

7. Keep bottles or a case of water available

8. Remove all patio furniture

9. Place rolled up newspapers on interior window sills to absorb possible storm water.

10. Know where the main shut off valve is for your water supply as well as the main electric breaker, in case these need to be shut off

11. Stay away from all windows

12. First floor residents should prepare for potential flooding

13. Build an Emergency Kit - GO BAG in case of evacuation

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Everglades Highschool, 17100 SW 48 Court, Miramar

Lyons Creek Middle School, 4333 Sol Press Blvd, Coconut Creek

## COUNTY WARNING

Broward County will use the Emergency Broadcast System to issue instructions over the TV and radio stations. THE HOLLYBROOK BUS DOES NOT PROVIDE TRANSPORTATION TO OUTSIDE SHELTERS.

## EVACUATION

BUILDING CAPTAINS will be notified through the General Manager's Office to advise all residents in their building to assemble at the exterior of building with at least a 3 Day Supply Emergency Kit.



*For quick reference pull out and hang on your refrigerator.*

# PREPAREDNESS GUIDE



Don't wait 'til it's too late! \* "BE PREPARED"

## **BUILDING AN EMERGENCY KIT**

**WATER** – 1 gallon per person, per day for several days for drinking and sanitation, including for pets (keep in airtight plastic containers that are easy to access)

**FOOD** – at least 3 days supply of non-perishable foods for adults and young children & 3 days supply of pet food (if applicable). Verify expiry dates and replenish regularly

**BASIC FIRST AID KIT** – sterile gloves, sterile dressings, soap and antibiotic towelettes, antibiotic ointment, adhesive bandages in a variety of sizes, eye wash solution, prescription eyeglasses and contact lens solution, thermometer, prescription medications you take every day, prescribed medical supplies such as glucose and blood pressure monitoring equipment and supplies, First Aid book, non-prescription drugs (aspirin or non-aspirin pain reliever, anti-diarrhea medication, antacid, laxative)



**EMERGENCY CASH AND CHANGE** – If the power goes out, cash machines will not work.

**SANITATION** – toilet paper, soap, toothbrush and toothpaste, feminine supplies, diapers, plastic garbage bags with ties, plastic bucket

with tight lid, chlorine bleach, supplies for pet waste

**TOOLS & SUPPLIES** – Wrench to turn off gas and water lines, cups, plates, utensils (from camping gear of plastic/paper), flashlight with extra batteries, battery-powered radio with extra batteries or hand crank radio and a NOAA Weather Radio with tone alert, manual can opener or utility knife, small fire extinguisher, pliers, duct tape, matches in a waterproof container, whistle (to signal for help), local maps, cell phone with chargers and a backup battery, plastic storage container to keep everything in one place

**DOCUMENTS** – Scan valuable documents and store them securely online, have duplicate copies of key doc-

uments in a sealable plastic bag (eg. will, insurance policies, contracts, deeds, passports, social security cards, immunization records, bank account numbers, credit card account numbers and companies, family records (birth, marriage, death certificates)). Take short videos to catalogue valuables in your home, such as vehicles, computers, furniture and artwork for insurance purposes. Paper and pencil.

**KEEPING WARM** – complete change of clothing appropriate for climate and sturdy shoes, blanket or sleeping bag for each family member

**Be prepared to shelter for at least 24 hours and place last minute essentials in a "Grab & Go" bag.**

## **Local Emergency Telephone Numbers**

|                                   |              |
|-----------------------------------|--------------|
| <u>Broward County Information</u> | 954-831-3900 |
| <u>Broward County Hotline</u>     | 954-831-4000 |
| <u>Hearing Impaired</u>           | 954-831-3940 |
| <u>Red Cross for Information.</u> | 954-797-3800 |
| <u>Florida Div. of Emergency</u>  | 800-342-3557 |
| <u>FEMA</u>                       | 800-621-3362 |
| <u>Memorial Hospital Pembroke</u> | 954-962-9650 |
| <u>Memorial Hospital West</u>     | 954-436-5000 |
| <u>Memorial Regional Hospital</u> | 954-987-2000 |
| <u>Memorial Hospital Miramar</u>  | 954-538-5000 |
| <u>Florida Power &amp; Light</u>  | 954-581-5668 |



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# Hollybrook Family Circle



## Lillian Kotlow marks 102nd birthday with love



Photos provided Jean Lerner

Lillian Kotlow (center) is flanked by twin daughters June Slotkin and Jean Lerner on her 102nd birthday.

As twin sisters whose loving mother has surpassed her centennial birthday by two years and counting, we attest that Lillian Kotlow (our mother) is 102 years *forever young*. The photo at left shows us June (left) and Jean (right) sharing gifts of many birthday cards sent by our mother's two grandchildren (Aaron from Las Vegas and Mia from New York), and four great grandchildren (Ethan, Chaya Sarah, Yehudah, and Penny). Our mother delights in their visits whether in person, on FaceTime, by telephone calls, or in this case, through many birthday greetings.

Before Lillian moved to Hollybrook in the 1970's, she and her husband Jack raised their four children in Teaneck, New Jersey. Once settled in Hollybrook, Jack became the leader of the Hollybrook Tennis Club. With our mother's blessing, he served as such for many years and succeeded in creating the still popular annual Hollybrook Tennis Competitions.

One of the secrets to Lillian's wonderful life is her positive attitude which underscores how she lives every day. She creates a stress-free environment for herself, and others benefit by being around her. But,

*Lillian - Continued on page 32*

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Attorney Nydia Menéndez has been a member of the Florida Bar for 29 years. She is the "Voice of the Voiceless" and makes sure clients understand the importance of an Estate Plan tailored to the specific needs of their families.



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# Hollybrook Bake-Off: When everything old is 'News' again

by MJ Boxall

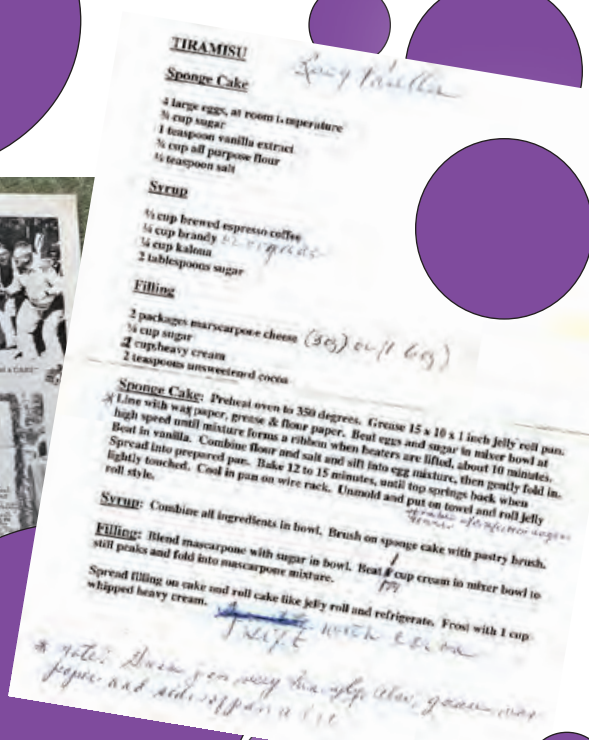
Cleaning out your desk drawer, or any drawer for that matter, can unearth the most interesting things long forgotten. This happened recently when our own Lois Hollands did just this at her desk in the communications office. Lois found a Hollybrook Recipe Booklet. She handed it over to this reporter, Mary Jane Boxall, who did a little research.

Years ago, Hollybrook would bring together a group of very talented bakers and hold Bake Offs. These were serious events with many people entering and outside judges brought in, photographs taken, prizes and bragging rights awarded. MJ did not uncover any espionage stories, but who knows what *really* went on. This booklet was from the Hollybrook 10<sup>th</sup> Anniversary celebrations.

Over the years many Bake Offs were held. Fast forward to the 30<sup>th</sup> Anniversary which was won by Lucy Pacella and her prize-winning Tiramisu recipe.

While Hollybrook's 50<sup>th</sup> Anniversary is a couple of years away, we are thinking about bringing back the Bake Off in January 2022. After all, we have each other to celebrate and what better way than to do it with yummy (and sometimes chocolately, gooey, fruity) food.

Stay tuned for more information on this. Meanwhile, we'll



continue cooking up ideas to present the event in typical Hollybrook fun fashion.

If any of you are children or grandchildren of some of the original bakers, please get in touch with Mary Jane Boxall, [boxallmjb29@gmail.com](mailto:boxallmjb29@gmail.com) and share a story or pictures of eating their delicious baked goods.

Did the recipe get handed down, do you still make it? It would be wonderful to see you enter the contest with a tried and true winner from the past. Plus we would like to put together a collection of these recipes to share with all Hollybrook's. Who knows, Lucy Pacella's Tiramisu Cake Roll might show up, or some other luscious confection she makes.

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# Food Stuff

## Flavor filled Vegan/Vegetarian summer side dish to 'live' for

Compiled by MJ Boxall & Roseline Killings

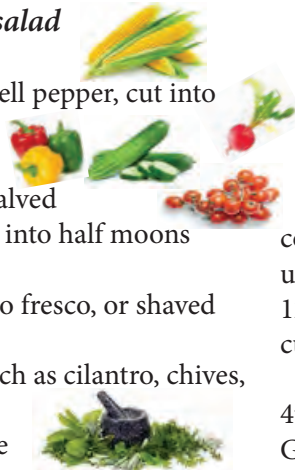
We've rounded up our tastiest vegan/vegetarian dish that is perfectly cool for warm weather.

### Summer Vegetable Salad

This simple summer vegetable salad, made with organic produce, is full of flavor and a great side dish to any meal.

#### Ingredients for the salad

- 2 ears organic corn, shucked
- 1 medium orange, red, or yellow bell pepper, cut into 1/2-inch wide strips
- Olive oil for brushing
- 1 pint cherry or grape tomatoes, halved
- 1/2 organic English cucumber, cut into half moons
- 5 radishes, thinly sliced
- 1/4 cup vegan-feta cheese (or queso fresco, or shaved ricotta salata cheese)
- 1/2 cup coarsely chopped herbs such as cilantro, chives, basil, or mint
- Himalayan salt and pepper, to taste



#### Ingredients for the charred lime vinaigrette

- 2 large limes, cut in half crosswise
- 3 tablespoons olive oil, plus more for brushing
- 1 small shallot, finely chopped
- 1 clove garlic, minced
- 1/2 teaspoon Himalayan salt



#### Instructions

Prepare a grill or grill pan for medium-high heat. Brush corn and bell pepper with oil and grill, turning occasionally, until charred and tender, 6 to 8 minutes for the pepper and 12 to 15 for the corn. Transfer the grilled vegetables to a cutting board as they are finished and let cool slightly.

1. Brush 3 of the lime halves with oil, you won't need the 4th half; save for another use (like a margarita! Don't judge.) Grill the halves, cut side down, rotating occasionally, until charred, about 5 minutes. Transfer the limes to a plate.

2. To make vinaigrette, thinly slice the garlic, then mount the salt on top. Using both the blade and flat side of a chef's knife, chop and scrape mixture into a paste. Transfer to a small bowl or jar. Juice the grilled limes and add the lime juice and shallot to the bowl with the garlic. Whisk in the oil.

3. Cut the corn kernels from the cobs and roughly chop the bell pepper. Arrange the grilled vegetables, tomatoes, cucumber, and radishes in a large bowl. Add the vinaigrette and a generous pinch of salt and pepper; gently toss to combine. Sprinkle with the cheese and herbs to serve.



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Cynthia J Arevalo

# Pet Health

## WHEN YOUR PET'S DRINKING BECOMES A PROBLEM

Source: *Pets.ca* (Canada's Pet Information Center for Dogs, Cats and Humans)

Compiled by MJ Boxall

Water is the elixir of life and is essential to all living things. Pets are no different. They need access to water at all times and their water bowls should be filled with fresh water every day. When our pets don't get enough water, dehydration can occur. Sometimes though, our pets drink too much water and although we know that water is good for them, too much can cause serious health problems. Sometimes the reason they drink too much water is related to psychological or behavioral problems; other times the reason stems from medical issues. Either way, drinking too much water is dangerous for pets.

When a pet drinks too much water, its urinary system is affected. Thirst and urination are naturally linked - what goes in must come out. The medical term for this is PolyUria (urinating too much)/PolyDipsia (drinking too much) or PU/PD for short. Top reasons why cats suffer from PU/PD are kidney disease, diabetes mellitus, hyperthyroidism, kidney



infection and liver disease. The top reasons for PU/PD in are diabetes mellitus, kidney disease, kidney infection, liver disease and Cushing's disease.

How do we know when our pets are drinking too much water or urinating too frequently because of PU/PD? PolyDipsia is defined as the consistent drinking of more than 100ml of water per kilogram of weight per day. PolyUria is the consistent urination of more than 50ml of water per kilogram of weight per day. Interestingly, only half the water ingested comes out as urine. Where did the other 50mls go? The other 50mls are eliminated from your pet's body mainly through stool, sweat, evaporation and tears.

Although the numbers are a great guide, we don't always get to see how much our pets drink or urinate. This is a mistake on our parts because how much our pets drink and eliminate are key markers of good health. Therefore, we should make it our business to pay more attention so we can contact our vets if drinking and urination increases.

The longer we wait, the worse PU/PD gets. Luckily, if we notice an increase in drinking and urination and contact the vet quickly, the condition will be found with initial blood and urine testing, plus or minus other tests. In order to be proactive, routine annual blood and urine testing is highly recommended for dogs older than seven and cats older than ten when they are most susceptible to the problem.

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**All persons are prohibited from feeding or giving food or shelter to any stray animal or waterfowl.**

*(You may be fined)*

# Earth Health Problem with plastic

*“The measure of intelligence is the ability to change.” – Albert Einstein*

By MJ Boxall

Earthday.org led a “plastic free July” campaign last month in an effort to assist changing attitudes and behaviors toward plastics and reducing plastic pollution.

On the Earthday.org website, there is an interesting plastics calculator that anyone can use to assess their current plastics footprint, which is a measure of how your use and disposal of plastics impacts the environment. After reading about it and calculating my own numbers, I was surprised and embarrassed to find that I, like millions of others, am part of the problem and there are a few things I need to do differently to decrease my footprint. Thinking about it, I found that the organization’s primer and action tool kit was very informative. It gave me practical ideas about how I can develop my own action plans.



Everyone can benefit from understanding more about our plastics problem and finding out what we can do to reduce our plastic footprint at home and in our community. Earth.org looks at the plastics problem through the “5 R’s”: Reduce, Refuse, Reuse, Recycle and Remove.

We may think that plastic pollution and waste is such a huge problem that

our personal actions would never make a difference. *But if you do nothing, nothing will change.* If you make a plan and stick to it, your contribution *does* matter.

You will notice that in the last week or so, new recyclable flyers have been placed on Hollybrook bulletin boards and in the laundry rooms. Next month, I will be looking at our recyclable program and some simple do’s and don’ts that we should all follow.

Earthday.org operates in more than 190 countries. Each year, on April 22, more than 1 billion people take part in Earth Day activities. But they don’t stop when the day ends; work continues all year round on important environmental problems and projects. Earth Day began in 1970 with 20 million Americans calling for greater protections for our planet.



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- ✓ ¿Ha recibido una notificación de “atraso”, “final” o de “desconexión”?
- ✓ ¿Es usted ciudadano/a de los Estados Unidos o residente legal y es elegible para asistencia pública y beneficios federales?
- ✓ ¿Tiene números de seguro social e identificaciones de foto (que no pasen de un año de la fecha de vencimiento) para todos los habitantes de su hogar?
- ✓ ¿Su ingreso total, como esta documentado en los cheques del seguro social o en los recibos de pago de su trabajo se encuentra dentro del 150% del nivel de pobreza federal ó menos?
- ✓ ¿Es dueño de casa, renta, o recibe ayuda de vivienda con el programa de sección 8?

Si usted necesita asistencia con su factura y cree que cualifica para EHEAP, llame al centro EHEAP más cercano a usted:

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Southwest Focal Point Senior Center  
301 NW 103rd Avenue Pembroke  
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Phone: (954) 450-6888

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for \$7,160 above projected numbers for the first quarter of our fiscal year. David and his dedicated volunteers have been quite busy and it is reflected in this additional income.

Our Compliance Office and Rules Enforcement personnel and volunteers are also working hard to ensure a healthy and safe environment for all of us. Fines totaling \$3,450 were collected during the first quarter.

Finally, for a variety of reasons, some unit owners could not pay their maintenance on time. We collected \$3,683 during the quarter resulting from late fees and interest.

It is interesting to note that we received an unqualified Auditor's Report for the prior fiscal year on July 21, 2021. Copies can be picked up in the office or emailed to owners upon request.

## WE CARE COMMITTEE



We happily collect walkers, canes, raised toilet seats, and more to assist Hollybrook residents in need.



Call Harvey Munk at 305-298-3008 or call the office at 954-431-0600 ext. 234

## Direct Withdrawal for Unit Owners

Many of us have taken advantage of the opportunity to have Hollybrook withdraw our quarterly maintenance payments from our checking or savings accounts. **WHY?**

### Advantages of Direct Withdrawal for Unit Owners

- Owners don't have to worry about quarterly deadlines
- Assuming sufficient funds are in the account, there are no late fees or interest since the withdrawals are on time payments
- Savings in terms of time (writing quarterly checks)
- No postage if you're away from your Hollybrook residence

### Advantages of Direct Withdrawal for Hollybrook

- Saves staff time processing and recording checks
- Saves costs with processing the coupon books
- Bank processing costs are less for Direct Withdrawals versus costs of processing checks

Residents should feel free to pick up a form from Celene Pedersen in the Hollybrook Administration Office, find the form on our website or request a copy from Celene via e-mail (controller@hollybrook.com) or snail mail. Try it for the rest of 2021 and if you do not like this worry-free option, you can withdraw your permission.

Please feel free to contact me Joni Esser-Stuart at 954-431-0600, Ext. 238 or Celene Pedersen 954-431-0600, Ext. 236 with questions or concerns.

*Joni Esser-Stuart, Financial Secretary*

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- ✓ Have you received a "Past Due", "Final" or "Disconnection" notice?
- ✓ Are you a United States citizen or a resident alien who is eligible for Public Assistance and Federal Benefits?
- ✓ Do you have documented Social Security Numbers and current photo ID's (within 1 year of expiry) for all members of the household?
- ✓ Is your total Household Gross Income 150% of the Federal Poverty level or less, as documented by Social Security statements, pay stubs, etc.?
- ✓ Are you a homeowner, renter, or living in Section 8 Housing?

If you need assistance with your energy bill, and believe you qualify for EHEAP, contact the EHEAP center nearest to you:

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Southwest Focal Point Senior Center  
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Pembroke Pines, Florida 33026  
Phone: (954) 450-6888

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5300 Hiatus Road  
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## Health & Fitness Avocado Advantage

### What's green, bumpy, nutty, yummy, heart healthy, & grows free in South Florida backyards

By Louise E. Vigneault - Hollybrook Resident, Health Educator, Certified Fitness Professional, Lifestyle Coach

Everyone loves a hearty guacamole and there's nothing like a refreshing slice of avocado to dress up an otherwise boring sandwich, but do you know that avocado offers health benefits, especially for people ages 55 and older? It's not only true, its a delicious fact

Let's first highlight the nutritional goodness that avocados provide:



*Heart-healthy fats*



*Potassium, folate (Vitamin B9), Vitamin B6, Vitamin C, magnesium and calcium*



*Antioxidants*

According to a 2020 study published in The Journal of Nutrition, avocados help lower cholesterol levels. The report states that eating one avocado per day may help protect the heart by reducing risk of oxidative stress that leads to chronic inflammation. It is a bit more than a portion size, which is 1/3 of the avocado, but whatever amount is right for you will offer some protective benefits.

Some earlier studies showed that it helps to lower levels of

LDL cholesterol (bad cholesterol) and gives you higher levels of HDL cholesterol (good cholesterol).


Avocado is also good for the gut because it aids in digestion. In fact, The Journal of Nutrition reported that daily avocado consumption has a positive effect on healthy bacteria in your gut because, for starters, most nutrients are absorbed through the small intestine. Another great digestive benefit comes from the fiber in avocado. Just one serving

of avocado (1/3 of whole avocado) can provide 8 - 14 percent of your daily recommended fiber intake, which is 25 to 40 grams daily.

The healthy fats in avocado also help optimize nutrient absorption and support eye health. Vitamins A, D, E, and K are all fat soluble and two carotenoids (lutein and zeaxanthin) have been shown to help prevent cataracts and age-related macular degeneration.

Avocados may also help with weight management by providing a feeling of fullness that could prevent overeating less nutritional foods throughout the day. However, be mindful that the fruit is energy dense which means *not low calorie*. One avocado comes with 200 - 300 calories, depending on the size. If you are looking to lose weight, watch your avocado portion size.



 Here's one of my easiest and favorite avocado recipes:

*In a large bowl, place 3 cups of cubed watermelon, ½ medium red onion chopped, ½ to 1 whole avocado cubed, 1 to 2 cups of sliced cucumber and ¼ cup of feta cheese. Add a pinch of sea salt or Himalayan salt, juice from one squeezed lemon and 1 tbsp. of extra virgin oil. Toss the mixture. Serves 2 to 4*

Until next time my friends, stay fit and healthy!

Contact Louise Vigneault at 416-931-3465 or email her at [louyse@hotmail.com](mailto:louyse@hotmail.com)

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**When did Juneteenth become a National Holiday?** President Joe Biden, on June 17, 2021, signed legislation into law that established June 19 as Juneteenth National Independence Day.



**What are the colors of Juneteenth?** The original Juneteenth flag was red, white & blue. Those colors meant all American slaves and their descendants were Americans. The Pan American flag colors of red, black and green, has been adopted in many Black communities. Those colors represent the blood (red), the soil (black), and the prosperity (green) of Africa and its people.

**Why is Juneteenth so important?** Juneteenth marks the day in 1865 in Galveston, TX, enslaved Black people were informed that they were finally FREE. This was 2 ½ years after the Emancipation Proclamation free all slaves in Confederate states. Juneteenth has since been celebrated by Black Americans throughout the United States.

*If you are interested in joining the Caribbean American Club (CAC) please contact Peggy Belcher, President, 954-237-6721. All are welcome regardless of national origin.*

she insists, her continued good health is the result of taking probiotics every day!

Our mother has always been an artist of many talents. Lillian happily recalls sketching clothing designs, but she landed her first job as an engraver for a jeweler in New York City. Later, in the 1960s, mom was a newspaper layout artist for The Teaneck Shopper. Then, the page content was pieced together by hand and pasted on sheets in preparation for print.

Ever since Lillian has lived in Hollybrook, she's enjoyed playing cards. First, Canasta games, and then Bridge where everyone became good friends. During this past year, when the pandemic forced the clubhouse to close, Lillian continued to play Bridge games in Florida newspapers.

Our mother's 102-year birthday, on June 17, was celebrated by reading dozens of birthday cards receive by our large family. Her request for a hamburger with fries, and a butternut cream cake, was granted. To complete the festivity, we added balloons and a scrapbook called the 'Thank You Book' which we filled with funny memories.

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• **DON'T WAIT FOR TOO LATE** •  
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**Q: What happens if something is wrong with my building?**

A: In the event that repairs are necessary, the owner has 180 days (December to May) from the date of the 40-year inspection report to correct the deficiencies that pose an immediate threat to life safety.

**Q: How do I check the status of my building's 40-year inspection?**

A: Please contact your municipal building department if you have any questions regarding the age of your building or the status of the 40-year recertification. You can contact my office directly so we can point you in the right direction.

*The District 6 office is open 10 a.m. - 5 p.m. Monday- Friday, at Hollywood Branch Broward County Public Library, 2600 Hollywood Blvd, next to Hollywood City Hall. To schedule an appointment, or share an idea, suggestion or issue contact Beam Furr at 954-357-7006/7790 or bfurr@broward.org.*

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# Fun Stuff

## Did you know *this* about *that*?

July is UFO season when crop circles start appearing! It's been happening for a very long time, no matter what UFO enthusiasts might say. It's thought that crop circles have been emerging in July since at least the 1970s.



**Phones started ringing in July 1881** when the first-ever telephone call was made. It happened between Canada and the US and marked the start of long summer catch up calls as in: "Hello, Eagle Eye? It's me, Snowbird. Howya doin'?"



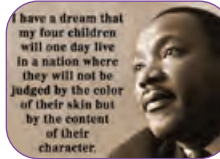
**July is named after Roman Emperor** Julius Caesar, who was born toward the start of the month. July was originally known as Quintillis on the ancient Roman calendar, but was renamed to honor the great, legendary emperor.

**Pruning season is usually in July** when gardeners generally have their work cut out for them. That's because bugs and pests are likely to come out in droves, putting vegetation at risk. It's also the best time to start tamping weeds down, if not they'll start seeding.

**On August 6, 1762**, the first sandwich was created at the request of the Earl of Sandwich when he asked for meal of meat placed between two pieces of bread. Legend has it that he was hungry while gambling and didn't want to be interrupted.



**August was a huge month** for the U.S. Civil Rights Movement. On August 28, 1963, Dr. Martin Luther King Jr. gave his famous "I have a dream" speech to 250,000 people on the steps of the Lincoln Memorial in Washington D.C. Considered to be one of the most iconic speeches in US history, King's speech called for the end of discrimination and for equal rights to all.



**Rock 'n Roll lost a living legend** on August 16, 1977, when Elvis Presley left the world behind. His death by heart attack shocked the world.

## Enhancements *gearing up* again

### PENDANT WORKSHOP

**When:** August 21 (Saturday) 1:30 to 4:30 p.m.

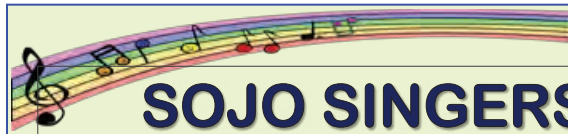
**Where:** Arts & Craft Room – Rec. Building

**Who:** Anyone interested in designing creating wear able art that reflects you and your personality. Participation will be limited to give attention to each participant.

**Cost:** TBA

**Contact:** Joni Esser-Stuart at 205-454-0820

**NOTE:** PLEASE WEAR MASKS AND CLOSED TOE SHOES.



### SOJO SINGERS

**Are back in the House!**

If you sing, play an instrument or both, join SOJO Singers 2 – 5 p.m. every first and third Saturday in Room 218 - Recreation Building

Call Lily at 954-450-0801 for details

### Italian Culture Club Members



**WELCOME BACK!**



**Save the date: October 20!**

Come for music, wine, cheese & something sweet.

**Social Hall, 7 p.m.**

**RSVP by October 12**

*No charge for members with paid up dues.*

(ICC annual dues \$20. To pay, put a check in an envelope then drop the envelope in the box outside of the ProShop.)

### PHYSICAL & OCCUPATIONAL THERAPY

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Protective Equipment Protocols

**THERAPY IN YOUR HOME**

Licensed Medicare Provider FL8318

Brian Cairns @ 954-328-1505

### Hollybrook Singles Club

**is Back!!!**

If you like to play pool, shuffleboard, pickleball, cards, ping pong and more, or you just like to hang out, chat or watch a movie, come hang with us!

**"Hey, let's play!"**

Call Frank at 954-504-0511

# Fun Stuff

## ACROSS

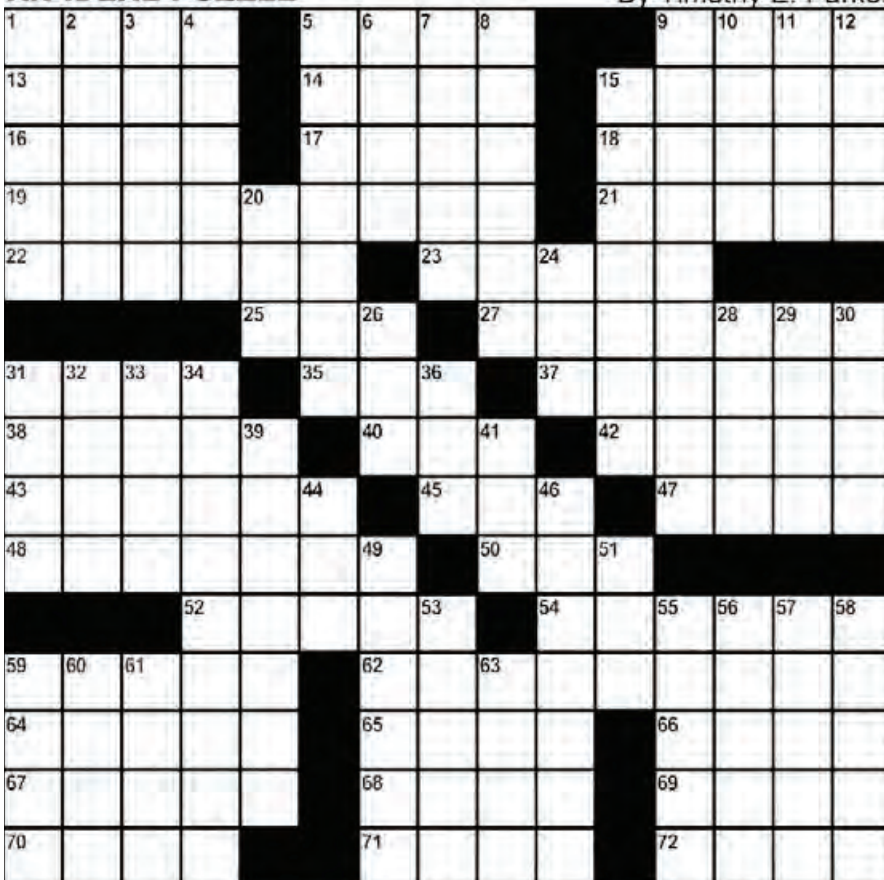
- 1) They go together
- 5) Turkey, on Broadway
- 9) Campbell of "Scream" films
- 13) University of Nevada city
- 14) Awful reporter
- 15) Piece of cave art
- 16) Popular cookie
- 17) "What's more ..."
- 18) Doesn't include
- 19) Of the highest quality
- 21) Pounded to the max?
- 22) Upholstered piece
- 23) Sign of friendliness
- 25) Itty-bitty pencil
- 27) In a clever way
- 31) Censor's target
- 35) Good friend
- 37) Shrink's topic
- 38) English pounds?
- 40) Hoover, e.g.
- 42) Carroll character
- 43) Makes it work
- 45) Whipped cream unit
- 47) Periods of history
- 48) Food preservative
- 50) Clumsy goof
- 52) Tailless night creature
- 54) \_\_\_ l'oeil
- 59) Parsley unit
- 62) Second to none
- 64) Feudal subject
- 65) Keep the car running
- 66) Herr partner
- 67) Beijing baby-minders
- 68) Word for Abby
- 69) Battery liquid
- 70) Actor's goal
- 71) Food morsels
- 72) Silver source

## DOWN

- 1) Univ. teachers
- 2) Nest high aboveground
- 3) Inactive, chemically
- 4) Bird perch
- 5) Erupt
- 6) Country singer McCann
- 7) Drying ovens
- 8) Introductions
- 9) "We're \_\_\_!"
- 10) "Great" lake for sailing
- 11) Large holders of wine
- 12) "If all \_\_\_ fails ..."
- 15) Bread, dinero and cabbage
- 20) Yards for a first down
- 24) Poor-behaving little boy
- 26) Like 24-Down
- 28) Alpine lift
- 29) Old Italian money
- 30) Asian oxen
- 31) Card game with sevens through aces
- 32) Long skirt
- 33) \_\_\_ Bator, Mongolia
- 34) Like an ace pilot?
- 36) Straggle
- 39) Larry, Moe and Curly
- 41) Sound on a farm
- 44) Title for John Gielgud
- 46) They swing for the fences
- 49) Drive of a kind
- 51) To return?
- 53) Commemorative meal
- 55) Butcher's leavings
- 56) Call with a "Polo" response
- 57) Like some jackets
- 58) Cleverly avoid
- 59) High-five sound
- 60) High-quality cotton
- 61) Breed, as animals
- 63) Thin piece of wood

## AN IDEAL PUZZLE

By Timothy E. Parker



## For Laughs

**WHEN YOU ALREADY  
STARTED EATING**



**AND SOMEONE SAYS  
"LET'S PRAY"**

## Fun Stuff

### Dr. Freud & Eddie part zwei

Or, a Bichon case of shpilkes closer to cured

By Ken Schlossberg



Fast Eddie and I returned to Dr. S. Freud, AKA Siggie, for a follow up visit to solve Eddie's anxious behavior when we visit our daughter Ilyana and her cocker spaniels, Ginger and Marley.

As Eddie fans have been made aware, Eddie and Ginger are great pals but Eddie is terrified of running into Marley.

Siggie greeted us with great enthusiasm.

"You good for another \$500?" he asked Eddie, who barked back an answer right away.

"Vhat did he zay?" Siggie asked me.

"He said he was insulted that you even *think* we might stiff you."

"Dat's one smart dog," Siggie said, patting Eddie on the head.

The doctor gestured toward a black leather chaise lounge and instructed Eddie and I to lie down on it.

"I von't even charge you for the couch. You can even try the massage and heating buttons."

"Why me?" I asked. "Eddie's the one with the problem."

Siggie said Eddie would be more relaxed if I was beside him, rubbing his back. Eddie and I got comfortable. I tried out the massage and heating buttons. It was great. I started to doze off, Eddie curled up next to me.

Siggie sat down behind the lounge. He pointed a remote at a big TV screen in front of us and up popped a picture of a beautiful female Bichon. Eddie went barking nuts; flying into my arms and hyperventilating.

"What the hell is going on?" I yelled. "Turn that damn thing off!"

Siggie froze the screen and Eddie calmed down a little bit.

"You zee," said Siggie. "Dat's vhat you pay me for. Intuition! Research! Diagnozeeze! Nobody else in my league!"

"Scaring my poor dog to death?" I asked. "What kind of hooley

is that? You quack!"

"Quack, schmack," said Siggie. "I spoke to his breeder. She said that an aggressive female in Eddie's litter picked on him relentlessly and wouldn't allow him to eat. Vhat vee have here is a case of PPTSS (Post Pup Traumatic Stress Syndrome). Marley reminds Eddie of that experienze."

I have to say that I was impressed. Eddie too, barking at the screen, agreed with Siggie's diagnosis. I gave Eddie big hug.

"I know exactly how you feel," I told Eddie in a soothing voice.

"You do?" asked Siggie. "Really?"

"Sure," I said. "When I was in kindergarten we played musical chairs. But there was one big girl who always shoved me off my chair when the music stopped. It was awful."

"Zo how did you fix it?" the doctor asked.

"Oh, I got smarter. I just sat on her lap."

"She didn't mind?"

"Not one bit. She began to nuzzle me. The teacher didn't like it, though. She stopped playing her piano and told us to knock it off."

Siggie jumped up from his chair clapping his hands then lighting up a huge, noxious smelling cigar.

"That's it," he yelled. "That's our answer. Musical chairs!"

"What?" I asked. "You want Eddie to sit on Marley's lap? He takes one *look* at her and is traumatized."

"Don't vorry," said Siggie. "I've got a pill to fix that."

"Sorry," I said. "Eddie's already fixed."

"Not *that* kind of pill, dummy," the doc said pulling out his prescription pad. "Zomething for Eddie's anxiety."

I took the prescription and hoped out loud that medication would be the cure; otherwise, Sophia and I might have to stop visiting our daughter.

Siggie sucked a deep drag on his cigar. "You really vorried? Take one pill yourself, give one to your wife and give Marley one, too. You need more? See me next month."

"Okay, Siggie," I said. "Now I'm convinced. You really *are* a psychiatrist."

## More Laughs

ALL MY LIFE  
I THOUGHT  
AIR WAS  
FREE...  
UNTIL I  
BOUGHT  
A BAG  
OF CHIPS.



WALKS IN COMPLAINING THAT  
GENERATION Y IS OBSESSED WITH  
INSTANT GRATIFICATION



REFUSES TO WAIT 5 MINUTES  
FOR A TABLE AT A HOP

# Sports

## Rainy season or sunny days, pickleball play can't be beat

By Judy Thomas



Photo provided by Judy Thomas

Hollybrookers, Jose Antonio Cordova, Raul Gonzalez, Alex and Lena Aguera, Jay Maxwell, Judy Thomas & Rafael Ribero, on the pickleball court on a sunny South Florida day.

Although our snowbird neighbors from the north are gone for the summer, pickleball at Hollybrook is very much alive all summer long.

In fact, a lively group of year-round Hollybrook residents, organized by Jose Cordova, meets on Monday, Wednesday, Friday, Saturday and Sunday, weather permitting, to play rotating games of competitive and fun pickleball.

Jose also tracks the weather forecast for the group, just in case of rain and especially lightning. The group is in constant contact with each other through What's App. We play men's doubles and mixed doubles.

Music is provided by player Raul Gonzalez. Together, we have 14 regular players and five players who drop in occasionally.

Anyone interested in joining a lively group, can meet us on Courts 9 and 10.

## South Florida Medical Center

6301 PEMBROKE ROAD, HOLLYWOOD. PHONE: 954-961-8394

ARMANDO ROCA JR, D.O.  
BOARD CERTIFIED IN FAMILY MEDICINE  
CERTIFICADO POR EL BOARD DE MEDICINA FAMILIAR

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### NUESTROS SERVICIOS INCLUYEN:

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- \*TERAPIA FISICA
- \*CIRUGIA MENOR
- \*ULTRASONIDO DE DIAGNOSTICO
- \*INMIGRACION: EXAMEN FISICO
- \*EXCEPCIÓN EXAMEN DE CIUDADANIA - EVALUACION

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OFICINA DE DISTINCION DESDE 1988 - OFFICE OF DISTINCTION SINCE 1988

LLAME A NUESTRAS OFICINAS PARA MAS INFORMACION SOBRE OTROS PLANES DE SEGUROS Y PARA CITAS  
CALL OUR OFFICE FOR MORE INFORMATION ABOUT OTHER INSURANCE PLANS AND FOR APPOINTMENTS  
LANGUAGES: ENGLISH, SPANISH AND CREOLE

# Classifieds

FRIENDLY, RELIABLE NEIGHBOR, KAT NEWMAN HERE (17/206). Self-employed & looking to supplement by helping with local driving, errands, and/or companionship here and there. For homebound residents. No cleaning or health related jobs. Flexible and easy going. Call 305-942-0067. Can also do pet sitting.

FOR SALE - Oversized Phase 6 Apartment. Building 44-301. Call Owner/Agent Richard Levine at 561-704-6910.

## AN IDEAL PUZZLE

By Timothy E. Parker

|    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| P  | A  | I  | R  |    | F  | L  | O  | P  |    | N  | E  |
| 13 |    |    |    | 14 |    |    |    | 15 |    |    |    |
| R  | E  | N  | O  | L  | I  | A  | R  | M  | U  | R  | A  |
| 16 |    |    |    | 17 |    |    |    | 18 |    |    |    |
| O  | R  | E  | O  | A  | L  | S  | O  | O  | M  | I  | T  |
| 19 |    |    |    | 20 |    |    |    | 21 |    |    |    |
| F  | I  | R  | S  | T  | R  | A  | T  | E  | O  | B  | E  |
| 22 |    |    |    | 23 |    |    |    | 24 |    |    |    |
| S  | E  | T  | T  | E  |    | S  | M  | I  | L  | E  |    |
|    |    |    |    | 25 |    |    |    | 26 |    |    |    |
|    |    |    |    | N  | U  | B  |    | S  | M  | A  | R  |
| 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 |
| S  | M  | U  | T  | P  | A  | L  |    | P  | H  | O  | B  |
| 38 |    |    |    | 39 |    |    |    | 40 |    |    |    |
| K  | I  | L  | O  | S  | D  | A  | M  | S  | N  | A  | R  |
| 43 |    |    |    | 44 |    |    |    | 45 |    |    |    |
| A  | D  | A  | P  | T  | S  |    | G  | O  | B  | E  | R  |
| 48 |    |    |    | 49 |    |    |    | 50 |    |    |    |
| T  | I  | N  | F  | O  | I  | L  |    | O  | A  | F  |    |
|    |    |    |    | 52 |    |    |    | 53 |    |    |    |
|    |    |    |    | L  | O  | R  | I  | S  | T  | R  | O  |
| 59 | 60 | 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 |
| S  | P  | R  | I  | G  | B  | E  | S  | T  | O  | F  | A  |
| 64 |    |    |    | 65 |    |    |    | 66 |    |    |    |
| L  | I  | E  | G  | E  | I  | D  | L  | E  | F  | R  | A  |
| 67 |    |    |    | 68 |    |    |    | 69 |    |    |    |
| A  | M  | A  | H  | S  | D  | E  | A  | R  | A  | C  | I  |
| 70 |    |    |    | 71 |    |    |    | 72 |    |    |    |
| P  | A  | R  | T  |    | O  | R  | T  | S  | L  | O  | D  |

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YOUR CLASSIFIED AD HERE. If you have something to sell, do it here! Only \$35 for five lines. Place your ad for two consecutive months and get the third month free! Call 954-431-0600 ext. 262 or send an email to [communications@hollybrook.com](mailto:communications@hollybrook.com).

## Having Trouble with Hollybrook Washers or Dryers?

### PLEASE

1. Place the "out of order" sign visibly on the machine. (Sign is on the side of the washing machine in each laundry room)

2. Call Maintenance at 954-433-1700

The sign will be removed from the machine as soon as the technician repairs it. The tech will return the sign, blankside up, to the side of the machine.

## Family Care Nurse Registry, Inc.

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# Hollybrook Bus Schedule

By Reservation - 24 Hours in Advance - Call 954-431-0600 ext. 251

**NEWS DUE TO COVID-9:** Help us ensure we maintain proper social distancing and passenger loading limits to protect against COVID-19. All riders, call 954-431-0600, ext. 251 at least one business day prior and inform us which day and their intended location so we can monitor bus capacity. Thank you.

**Mondays & Fridays** (Same route morning -and- afternoon):

Bus stops at Broward Meat & Fish, Publix, Dollar Tree, and Einstein Bros. Bagels

**AM ROUTE**

- 9:30 - Pickup at Hollybrook
- 10:00 - Drop off at retailers
- 11:30 - Pickup at retailers

**PM ROUTE**

- 1:00 - Pickup at Hollybrook
- 1:30 - Drop off at
- 3:00 - Pickup at retailers

**Wednesdays** (one-time route):

Bus stops at Sedanos Supermarket & Walmart

- 9:30 - Pickup at Hollybrook
- 10:00 - Drop off at retailers
- 11:00 - Pickup at Sedanos
- 12:30 - Pickup at Walmart



**Additional COVID-19 mitigation requirements are in effect for the bus until further notice:**

- Bus driver will sanitize seats used before another passenger is allowed to re-use seat.
- Passengers and driver must wear masks while on board.
- A row will be left empty between each seated passenger.

***ALL PICK-UP AND DROP OFF TIMES ARE APPROXIMATE***

## **BROWARD 211 4 Seniors**

Are you 60 years or older?

Live alone in  
Broward County?



Get **TOUCHLINE**  
for a  
**FREE** check-in call.

**to register**

**visit**

**[http://211-broward.org/  
senior-touchline](http://211-broward.org/senior-touchline)**



**PLEASE!**

**PATRONIZE**

**VOH**

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Send me a hard copy of the  
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- October
- November
- December

**\*Mailing fee \$2.50 per issue, Canada \$3.50**

Enclosed find \$ \_\_\_\_\_

Cash \_\_\_\_\_

Check \_\_\_\_\_

Name (Please print) \_\_\_\_\_

Address (Include apt #) \_\_\_\_\_

City \_\_\_\_\_



























State \_\_\_\_\_ ZIP \_\_\_\_\_

# COVID-19 IS NOT OVER!

PLEASE, ONLY PARTICIPATE IN SMART, SAFE ACTIVITIES FOR YOURSELF, FAMILY, CO-WORKERS, ALL LOVED ONES

## Choosing Safer Activities

Accessible link: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/participate-in-activities.html>

|                | Unvaccinated People                                                                 | Examples of Activities                                                                                                                     | Fully Vaccinated People                                                               |
|----------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <b>Outdoor</b> |                                                                                     |                                                                                                                                            |                                                                                       |
| Safest         |    | Walk, run, wheelchair roll, or bike outdoors with members of your household                                                                |    |
|                |    | Attend a small, outdoor gathering with fully vaccinated family and friends                                                                 |    |
|                |    | Attend a small, outdoor gathering with fully vaccinated and unvaccinated people, particularly in areas of substantial to high transmission |    |
| Less Safe      |    | Dine at an outdoor restaurant with friends from multiple households                                                                        |    |
| Least Safe     |    | Attend a crowded, outdoor event, like a live performance, parade, or sports event                                                          |    |
| <b>Indoor</b>  |                                                                                     |                                                                                                                                            |                                                                                       |
| Less Safe      |  | Visit a barber or hair salon                                                                                                               |  |
|                |  | Go to an uncrowded, indoor shopping center or museum                                                                                       |  |
|                |  | Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households                                      |  |
| Least Safe     |  | Go to an indoor movie theater                                                                                                              |  |
|                |  | Attend a full-capacity worship service                                                                                                     |  |
|                |  | Sing in an indoor chorus                                                                                                                   |  |
|                |  | Eat at an indoor restaurant or bar                                                                                                         |  |
| Least Safe     |  | Participate in an indoor, high intensity exercise class                                                                                    |  |

### Get a COVID-19 vaccine



**Prevention measures not needed**



**Take prevention measures**  
Wear a mask, stay 6 feet apart, and wash your hands.

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

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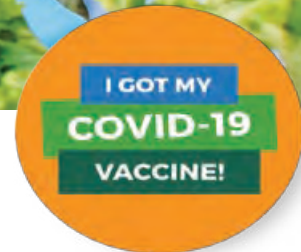


**Protect**

**Against**

**COVID-19.**

**Safe and effective COVID-19 vaccines are available for free for everyone living in the United States.**



**Get Vaccinated:**  
[cdc.gov/coronavirus/vaccines](https://cdc.gov/coronavirus/vaccines)